

These nutrition facts are in the marketplace. Check with your local regulator to ensure compliance with state and federal regulation.

Nutrition Facts

Serving Size 1 large egg (50g)
Servings Per Container 12

Amount Per Serving

Calories 70 Calories from Fat 40

% Daily Value*

Total Fat 4.5g **7%**

Saturated Fat 1.5g **8%**

Trans Fat 0

Cholesterol 215mg **71%**

Sodium 65mg **3%**

Total Carbohydrate <1g **0%**

Dietary Fiber 0g **0%**

Sugars 0g

Protein 6g **10%**

Vitamin A 6% • Vitamin C 0%

Calcium 2% • Iron 4%

Vitamin E 10%

Not a significant source of Dietary Fiber or Sugars.

*Percent Daily Values (DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat. Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Potassium	3,500mg	3,500mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Protein	50g	65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

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